

TUCK SHOP MENU 2012

WRAPS, BUNS & SANDWICHES

Spaghetti Wing		\$2.00
Triple-Deck Sandwiches	White or Wholemeal BLT (Bacon, lettuce & tomato) Bacon & Egg	\$4.00
Toasted Sandwiches	Cheese) Ham and Cheese) Spaghetti and cheese)	\$4.00
Croissants	Ham & Cheese	\$4.00
Chargrill Chicken Bun	with /without salad	\$4.20
Chicken & Salad Flatbread Wrap		\$4.50

Specials

Monday:

Hot Food Specials - various
(see separate menu) \$6.00

Tuesday:

Nachos \$6.00

Wednesday:

Sushi – Chicken Teriyaki \$7.50
 Salmon \$7.50
 Tuna \$7.50
Chicken Bento Box \$8.00

Thursday:

Butter Chicken & Rice \$6.50

FRESH & FRUITY

Fresh Fruit	Orange Banana or Apple	\$1.00
Yoghurt	Apricot Strawberry	\$1.50

CAKES, COOKIES & SNACKS

Cakes	Chocolate croissant Various Slices	\$3.50 \$3.00
Muffins	Choc Chip/Blueberry White Choc & Raspberry	\$3.00
Doritos		\$1.50
Cookies	Lg Cookie Time Sm Cookie Time	\$1.50 \$1.00

DRINKS

Flavoured Milk

Up & Go	Choc/Strawberry (350ml)	\$3.00
Calci Yum	Chocolate/Strawberry	\$2.00

Juices

Fresh-up Juice	Tetra Pack)	
Just Juice	Tetra Pack)	\$2.00
Ribena	Tetra Pack)	
Just Juice	Bottle	\$3.50
Pure Orange	McCoys	\$3.50
Mizone Sports	Mandarin/Lime Crisp Apple	\$3.50
H2GO	Large Sipper	\$3.00
H2GO Bubbles	Large Sipper Flavoured	\$3.50
HOT Chocolate		\$2.00

PIES & HOT HANDFULS

Noodles	Chicken ,Beef or spicy	\$3.50
Pies	Buttered Chicken) Mince) Steak & Cheese) Mince & Cheese)	\$3.80
Samosas	Vegetarian Large	\$4.00
Pizza	Hawaiian	\$4.00
Hot Dogs	American with mustard & tomato sauce or just tomato sauce \$3.50 On a stick with tomato sauce \$2.50	
Sausage	Sausage Rolls – large	\$3.50
Lasagne	Beef with buttered bun	\$5.00

VEGETARIAN OPTIONS PLEASE ORDER

Toasties	\$4.00
Sandwich	\$4.00
Pizza	\$4.00
Samosa	\$4.00
Tulsi Vege Pie	\$3.80
Vege Flat Bread Wrap	\$4.50
Croissant	\$4.00